2010 State Profile — Virginia National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Virginia, 208 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 19,265 clients in substance abuse treatment on March 31, 2010. The survey response rate in Virginia was 89.5%.

Facility Operation

			Clients in Treatment on March 31, 2010				
	Facilities		All Clier	nts	Clients Under Age 18		
	No.	%	No.	%	No.	%	
Private non-profit	52	25.0	2,988	15.5	369	27.3	
Private for-profit	50	24.0	6,068	31.5	326	24.1	
Local, county, or community government	89	42.8	8,657	44.9	630	46.7	
State government	7	3.4	461	2.4	15	1.1	
Federal government	10	4.8	1,091	5.7	10	0.7	
Dept. of Veterans Affairs	3	1.4	545	2.8	0	0.0	
Dept. of Defense	7	3.4	546	2.8	10	0.7	
Indian Health Service	0	0.0	0	0.0	0	0.0	
Other	0	0.0	0	0.0	0	0.0	
Tribal government	0	0.0	0	0.0	0	0.0	
Total	208	100.0	19,265	100.0	1,350	100.0	

Primary Focus of Facility

			Clients in Treatment on March 31, 2010				
	Facilities		All Clients		Clients Under Age 18		
	No.	%	No.	%	No.	%	
Substance abuse treatment services	89	42.8	8,814	45.8	494	36.6	
Mental health services	14	6.7	290	1.5	49	3.6	
Mix of mental health & substance abuse							
treatment services	102	49.0	9,685	50.3	807	59.8	
General health care	3	1.4	476	2.5	0	0.0	
Other/unknown	0	0.0	0	0.0	0	0.0	
Total	208	100.0	19,265	100.0	1,350	100.0	

Substance Abuse Problem Treated

	Clients in T			reatmen	it on March 31, 2010
	Facilities ^{1, 2, 3}		Clients ³		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	163	92.1	8,185	42.7	124
Clients with drug abuse only	155	87.6	7,220	37.6	114
Clients with alcohol abuse only	150	84.7	3,780	19.7	57
Total ²	177		19,185	100.0	297
¹ Facilities may be included in more than one ca	itegory.	:	³ Sum of individu	al items m	nay not agree with the total due to rounding.
² Facilities excluded because they were not					
asked or did not respond to this question:	31				

Type of Care			Cli	ents in Trea	atment on N	larch 31, 2010		
	Facilitie	s ¹	All Clients			Clients Under Age 18		
	Na	9/	Na		Median No. of Clients Per	Na	0	
Outpatient	<u>No.</u> 173	% 83.2	<u>No.</u> 18,350	<u>%</u> 95.3	Facility 70	<u>No.</u> 1,255	<u>93.</u>	
Regular	156	75.0	11,729	6 0.9	57	1,233	33.0	
Intensive	86	41.3	1,517	7.9	20			
Day treatment/partial hospitalization	29	13.9	368	1.9	10			
Detoxification	29	13.9	257	1.3	10			
Methadone/buprenorphine	23	13.9	4,479	23.2	139			
Residential (non-hospital)	27 44	21.2	4,479 774	23.2 4.0	139	89	6.0	
Short term	23	11.1	241	4.0 1.3	10	09	0.0	
	23 31	14.9	433	2.2	10			
Long term		-		2.2				
Detoxification	16	7.7	100	0.5 0.7	6	<u> </u>	•	
Hospital Inpatient	13	6.3	141 32	0.7	11	6	0.4	
Treatment	9	4.3			8			
Detoxification	13	6.3	109	0.6	6	4 050	400	
Total	208	I	19,265	100.0	56	1,350	100.0	
¹ Facilities may provide more than one type of care.								
Opioid Treatment Programs (OTPs)					proval, Ce	rtification, or		
	No.	% ¹	Accreditation	on				
Facilities with OTPs	19	1.6			—	Facilities	1	
						No.	%	
Clients in Facilities with OTPs			Any listed age	ency/organiz	zation	195	93.8	
Methadone	4,389	95.8	State substar	ice abuse a	gency	169	81.3	
Buprenorphine	192	4.2				149	71.6	
Total	4,581	100.0	State departm			38	18.3	
¹ Percentage of all OTP facilities that are in this State or j	urisdiction.		Hospital licen	-	ty	13	6.3	
			The Joint Cor	nmision		35	16.8	
Facility Payment Options			CARF ²			46	22.7	
	Facilitie	s ¹	NCQA ³			7	3.4	
	No.	%	COA ⁴			3	1.4	
Cash or self-payment	196	94.2	Other State/L	ocal Agency	//Org	12	5.8	
Private health insurance	155	74.5			-			
Medicare	98	47.1	¹ Facilities may b	be licensed by	more than one a	agency/organization.		
Medicaid	119	57.2				n Facilities		
Other State-financed health insurance	73	35.1						
Federal military insurance	124	59.6	⁴ Council on Acc	reditation	-			
Access to Recovery (ATR) vouchers ²	N/A	N/A	E a allián a E an	alline as				
No payment accepted	3	1.4	Facility Fun	laing		Facilities	;	
Accepts other payments	3	1.4			—	No.	%	
Sliding fee scale	129	62.0	Receives Fe		-			
Treatment at no charge for clients who	76	26 5	or local gove					
cannot pay	76	36.5				404		
			programs			131	63.	
¹ Facilities may accept more than one type of payment.								
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, IL LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, V applicable (N/A) in other areas.								

٦

Turner of Semulate Offered	Facilitie	
Types of Services Offered	No.	00
Assessment and Pre-Treatment Services	193	92.
Screening for substance abuse	180	86.
Screening for mental health disorders	152	73.
Comprehensive substance abuse assessment/diagnosis	178	85.
Comprehensive mental health assessment/diagnosis	117	56.
Outreach to persons in the community who may need treatment	104	50.
Interim services for clients when immediate admission is not possible	87	41.
Testing	203	97.
Breathalyzer/blood alcohol testing	179	86.
Drug or alcohol urine screening	196	94.
Screening for Hepatitis B	56	26.
Screening for Hepatitis C	52	25.
HIV testing	48	23.
STD testing	35	16.
TB screening	79	38.
Counseling	206	99.
Individual counseling	201	96.
Group counseling	203	97.
Family counseling	181	87.
Marital/couples counseling	139	66.
Transitional Services	204	98.
Discharge planning	197	94.
Aftercare/continuing care	162	77.
Pharmocotherapies	158	76.
Antabuse®	58	27.
Naltrexone	54	26.
Campral®	62	20.
Nicotine replacement	55	25.
•	37	20. 17.
Smoking cessation medications (non-nicotine)		55.
Medications for psychiatric disorders	116	
Methadone	25	12.
Buprenorphine	49	23.
Subutex®	21	10.
Suboxone®	49 206	23. 99.
Ancillary Services		
Case management services	178	85.
Social skills development	139	66.
Mentoring/peer support	102	49.
Child care for clients' children	14	6.
Assistance with obtaining social services	109	52.
Employment counseling or training for clients	61	29.
Assistance in locating housing for clients	105	50.
Domestic violencefamily or partner violence	67	32.
Early intervention for HIV	52	25.
HIV or AIDS education, counseling, or support	91	43.
Hepatitis education, counseling, or support	65	31.
Health education other than HIV/AIDS or hepatitis	101	48.
Substance abuse education	197	94.
Transportation assistance to treatment	87	41.
Mental health services	144	69.
Acupuncture	39	18.
Residential beds for clients' children	5	2.
Self-help groups	82	39
Smoking cessation program	34	16
	Facilitie	es
Clinical/Therapeutic Approaches Used Always or Often or Sometimes	No.	
Substance abuse counseling	202	97
Relapse prevention	199	95.
Cognitive-behavioral therapy	196	94.
12-step facilitation	154	74.
Motivational interviewing	186	89.
Anger management	170	81.
Continued.		

	Facilities		
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%	
Brief intervention	176	84.6	
Contingency management/motivational incentives	133	63.9	
Trauma-related counseling	156	75.0	
Rational emotive behavioral therapy	102	49.0	
Matrix model	72	34.6	
Community reinforcement plus vouchers	19	9.1	
Other treatment approaches	30	14.4	

Facility Capacity and Utilization Rate¹ Hospital **Programs for Special Groups** Inpatient Facilities Residential Number of facilities 33 6 No. % 608 59 Number of clients² 78.4 Any program or group 163 796 70 Number of designated beds Co-occurring disorders 88 42.3 76.4 84.3 Adult women 78 37.5 Utilization rate (%) No. of designated beds/facility (avg.) 24 12 Adolescents 61 29.3 DUI/DWI offenders 46 22.1 Criminal justice clients 59 28.4 Adult men 58 27.9 Pregnant or postpartum women 36 17.3 ¹ Excludes facilities not reporting both client counts and number of beds, facilities Persons with HIV or AIDS 9 4.3 whose client counts were reported by another facility, facilities that included client Seniors or older adults 8 3.8 counts from other facilities, and facilities that did not respond to this question. Number of clients on March 31, 2010. Lesbian, gay, bisexual, or 7 transgender clients 3.4 Services in Sign Language for the Hearing Impaired Other groups 21 10.1 and in Languages Other than English Facilities Location of Treatment Facilities % No. 33.7 70 Hearing impaired/sign language Any language other than English 69 33.2 Services Provided by: On-call interpreter 31 44.9 Staff counselor 14 20.3 Both staff counselor and on-call 24 34.8 interpreter Languages Provided by Staff Counselor:¹ Spanish 36 94.7 American Indian/Alaska Native 0 0.0 Other 5 13.2 ¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated. Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

 For information on individual facilities, access SAMHSA's Treatment Facility Locator at: <u>http://findtreatment.samhsa.gov/</u>

http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

Access N-SSATS profiles for individual States at: